



 Heart disease is the leading cause of death for both men and women.

Coronary heart disease is the most common type of heart disease.

Heart disease does not discriminate.

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Please join Beatrice from Empire to learn what you need to do to prevent heart disease. We encourage all staff, students, and parents/guardians to wear

RED today!

We look forward to seeing you on Thursday, February 1<sup>st</sup> @ 9 am 91-30 Metropolitan Ave (red Doors)

Continental breakfast served! Mrs. Hernandez- Parent Coordinator 332.257.4529 Scan the QR code to Register.

